



CANNABIS OIL GUIDE FOR HEALTH PROFESSIONALS

CANNABIS OIL PRODUCTS:

Champlain | High THC Rideau | High CBD Capilano | Balanced

Aphria's cannabis oil products are packaged in 60 mL bottles and include a 5 mL oral syringe for precise dosing. These products can be ingested by applying droplets under the tongue or incorporated into various recipes.

WHAT IS THE EQUIVALENCY OF DRIED CANNABIS TO CANNABIS OIL?

Aphria's equivalency factor of cannabis oil to dried cannabis is 6:1. This means that every 6 mL of cannabis oil is equivalent to 1 gram of dried cannabis.



HOW MUCH CANNABIS OIL MAY A PATIENT ORDER?

Patients may order the amount of cannabis oil that is equivalent to the amount of dried cannabis prescribed on their medical document.



For example, if the physician prescribes 1 gram per day (30 grams/month), the patient may order up to three 60 mL bottles of cannabis oil per month (180 mL)

HOW LONG DOES IT TAKE TO FEEL THE EFFECTS OF CANNABIS OIL?

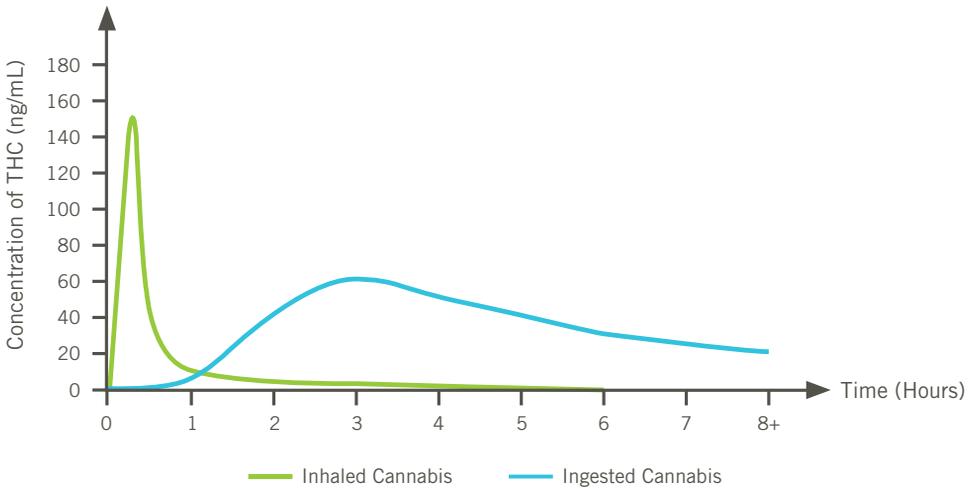
Cannabis oil is processed in the liver, resulting in a gradual onset of effects in comparison to inhaled dried cannabis.

Due to the gradual onset of effects, **many physicians recommend their patients wait 6 hours after consumption before taking another dose.** Taking an additional dose within this 6-hour period may cause unwanted side effects, including headache, nausea, and rapid heart rate.

HOW LONG DO THE EFFECTS OF CANNABIS OIL LAST?

Patients report experiencing the effects of cannabis oil for a longer duration than smoked or vaporized cannabis, with most reporting effects lasting 6 hours or longer.

METABOLISM OF CANNABIS



Onset of Effects:		Duration of Effects:	
	VS		
0-0.5 hours after inhalation		0-1.5 hours	
0.5-2 hours after ingestion*		6+ hours	

**Please note: It may take up to 6 hours for cannabis oil to reach its peak effects*

References

Kumar, R. N., W. A. Chambers, & R. G. Pertwee. "Pharmacological actions and therapeutic uses of cannabis and cannabinoids" *Anaesthesia* 56.11 (2001): 1061.

The Canadian Consortium for the Investigation of Cannabinoids